



LUNCH MENU

Mediterranean Cuisine
70-72 the Pantiles, Tunbridge Wells, Kent
TN2 5TW
Tel: 01892 544700



Starter

Minestrone (v) £4.50

Homemade Italian Vegetable Soup served with fresh Bread

Calamares £5.25

Deep fried Squid served with Garlic Mayonnaise

Champiñones al Ajillo (v) £5.25

Mushrooms sautéed in Garlic & Olive Oil

Gambas Pil Pil £6.75

Prawns sautéed in Olive Oil & Garlic

Houmous Pitta V £3.95

Chickpea Puree served with Greek Flat Bread

Tabla Mixta de Carne (for two) £10.50

Antipasto for Two with Bresaola, Parma Ham, Chorizo, Duck,
Sun-blush Tomatoes, Houmous, Bread & Olives

Tabla Vegetariana (for two) (v) £9.50

Antipasto for Two with Houmous, roasted Vegetables, Brie, Artichokes,
Sun-blush Tomatoes, Olives, Rocket, Mozzarella Cheese & Goat's Cheese
Spinach and Ricotta Tortellini in a creamy
Mushroom Sauce

Moules £ 8.95

Fresh Mussels Delivered daily & served
with French Fries or Bread

Creamy White Wine Sauce

Chilli Tomato Sauce

White Wine & Parsley

Pastas (with Garlic Bread)

Penne Arrabiata (v) £7.95

Pasta Tubes with Chillies & Garlic in Tomato
Sauce

Spaghetti Amatriciana £8.50

Pasta with smoked Bacon, Onions, Tomatoes, &
Olives

Gnocchi Alla Ortolanna (v) £8.75

Potato Dumplings with marinated Roasted
Vegetables in Tomato Sauce

Penne Boscaiola £8.75

Pasta Tubes with Mushrooms, Bacon & Peas in
a creamy Tomato Sauce

***Spaghetti Frutti di Mare £9.50**

Seafood Pasta

***Tortellini Panna E Funghi (v) £9.25**

Salads

Queijo De Cabra (v) £5.95

Goat's Cheese with Pancetta, Chilli Beetroot in
Balsamic Vinegar served with Mixed Leaves

Horiatiki Salata (v) £5.95

Feta Cheese, Olives, Tomatoes, Cucumber &
Onions with Mixed Leaves

Insalata de la Casa (v) £5.95

Fresh Spinach, Wild Rocket, Cherry Tomatoes &
Mozzarella Cheese with Croutons

Pizzas (12 inches)

Pizza Margherita (v) £6.95

Mozzarella Cheese & Tomato

Pizza Funghi (v) £7.50

Mozzarella Cheese, Tomato & Mushrooms

Pizza Piccante £8.25

Mozzarella Cheese, Tomato & Spicy Italian
Sausage with Chillies

Pizza Briami (v) £8.75

Mozzarella Cheese, roasted Vegetables, Black Olives, Tomato & Feta Cheese

***Pizza Quattro Formaggi (v) £9.25**

Mozzarella, Gorgonzola, Brie & Feta Cheese

***Pizza Grey Lady (v) £9.50**

Mozzarella, Rocket, Parma Ham, Tomato, Artichokes & Parmesan



MAIN COURSE



Grilled Chicken Brochette £10.75

Chicken, Spanish Chorizo, Peppers & Red Onions on a Skewer served with Salad

Grilled Red Snapper with King Prawn £12.95

Served with Avocado, Chilli Salsa & Rocket

Pollo Piri Piri £10.50

Half Boneless Chicken marinated in Piri Piri Sauce served with French Fries & Salad

Sea Bass £15.95

Pan-Fried Sea Bass Fillets with roasted Vine Tomato & Parma Ham served with Rice

Garithes me Fetta £13.95

Pan-fried Tiger Prawns with Tomato Sauce, Garlic & Feta Cheese served with Rocket & Mash potatoes

Coquilles de la Casa £16.25

Fresh seared King Scallops with Prawns in Garlic, White Wine & Parsley Sauce

Fishcakes £9.95

House Recipe with Salmon & smoked Haddock served with mixed Leaf Salad

Salmon Salad £12.00

Poached fresh Salmon Fillet served with crushed Potatoes & Herb Dressing

Paella de Verduras (v) £8.95

Mixed Vegetable Paella

House Speciality 'A la Piedra'

The following dishes are cooked on a granite stone at your table.

Served with French Fries or sautéed Potatoes, Spinach & Dips.

Fillet Steak £17.50

Rib-Eye Steak £14.95

T Bone Steak £18.95

Halibut £15.95

Tapas

Aceitunas Mixtas (v) £2.45 - Marinated Mixed Olives

Pan de la Casa (v) £2.95 - Toasted Bread topped with Garlic, Tomato & Basil

Selection of Embutidos £4.50 - Selection of Cured Meats

Parma Ham £4.10 - Traditional Italian cured Ham

Patatas Bravas (v) £3.25 - Deep-fried Potatoes in a Spicy Sauce

Patatas Flamenca £3.75 - Fried Potatoes & Chorizo sautéed with Feta & Tomato

Pollo al Ajillo £4.50 - Chicken Breast cooked in White Wine & Garlic
Pollo & Limon £4.50 - Chicken Breast cooked in White Wine & Lemon Juice
Chorizo al Vine £4.50 - Spicy Spanish Sausage Pan-fried in Red Wine
Paella de Mariscos £4.95 - Mixed Fish Paella
Paella de Carne £4.95 - Mixed Meat Paella
Verdura Mixta (v) £3.95 - Grilled Vegetables & Feta

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